

Chemical Peels Consent Form

The certified Aesthetician at Envy, A Medical Day Spa has explained to me the process of peeling the skin by various acids which are called chemical peels. I understand that side effects include but are not limited to, increased color, decreased color, infection, pain, bleeding, swelling, scarring or damage to nearby structures, nerves, drug reactions or unforeseen complications.

Please initial the following:

____ I have received The Chemical Peels Pre-treatment Care and The Chemical Peels Post Treatment Care sheets with instructions care for my skin prior to and following this procedure and agree to abide by it. I understand that proper sun protection including, but not limited to, the faithful use of broad spectrum UVA-UVB sun block with SPF 30 is vital to proper after care and the reduction of risks of undesired side effects.

____ I understand that there is a possibility that this procedure will fail; be unsuccessful; need to be repeated or may require additional treatment.

____ I understand my responsibility for following the appropriate aftercare instructions as explained by a certified Aesthetician at Envy, A Medical Day Spa.

____ I agree to having photographs taken of my skin for use either in teaching or publications, as the provider at Envy, A Medical Day Spa considers appropriate, unless I notify the provider at Envy in writing that he/she is not allowed to use these photographs.

____ Since multiple treatments may be required, this consent continues for all subsequent treatments by a certified Aesthetician at Envy, A Medical Day Spa, regardless of the time between treatments.

____ I further understand that this is a superficial type of peel that normally creates, at most, only 1 or 2 days of mild redness with occasional areas of flaking or peeling skin.

____ I am aware that on rare occasions this peel can penetrate deeper in certain areas, causing a crusted scab to form. I understand that if this area is not treated appropriately it could become infected and possibly lead to the formation of a scar. It is my responsibility to contact Envy, A Medical Day Spa if any crusted areas form or if my skin does not look and feel completely normal within one week after my peel. I acknowledge this and desire that this product be applied to my skin.

Envy, A Medical Day Spa

By my signature below, I acknowledge that I read "Chemical Peels Consent Form" and understand it. I have been given the opportunity to ask questions and my questions have been answered to my satisfaction. I have been adequately informed of the risks, benefits and alternatives to this treatment and wish to proceed with the Chemical Peel.

Date: _____

Client's Name: _____

(Please print)

Client's Signature: _____

Provider's Name: _____

(Please print)

Provider Signature: _____

Chemical Peel Pre-Treatment Care

- Stop using Accutane 1 year prior to the treatment.
- Stop any type of exfoliating treatment(s) to the area of treatment, 2- 4 weeks prior and after your peel. Gel Peels: You can combine them with any type of facial or microdermabrasion treatments
- Stop applying Retin- A, Renova, Tazorac, and Differin 2 weeks prior and after, to the treatment area.
- Stop sun tanning or using the tanning bed 2- 4 weeks prior and after, to your treatment area.
- Stop any type of depilatory treatments (waxing, depilatory creams) to the area of treatment, 2 weeks prior after your peel.
- Stop electrolysis, and any type of laser treatments (laser hair removal, IPL) to the area of treatment, 2- 4 weeks before & after your peel.

Chemical Peels Post Treatment Care

- When cleansing, do not scrub. Use a gentle cleanser such as Image Organic Cleanser.
- Each peel will have different results. Side effects you may experience: skin starts to peel 3 days after the peel and continue to peel for 2 more days. Some peels may or may not cause your skin to peel.
- Do not peel, pick or scratch the treated area, as this may result in scarring.
- Apply polysporin, bacitracin or Vaseline to dry flaky areas.
- Do not have other facial treatments for at least 2 weeks after your peel or until the skin is smooth and back to normal.
- If given a cortisone cream, please apply 1- 3 times per day to red irritated areas or as directed.
- Always wear your sunscreen, apply a sunscreen with SPF 30 every morning.

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